

Penguin District School Canteen Menu 2020

Tuesday, Thursday & Friday (Start Date : Tuesday 11 February)

Hot Food		Wraps		Drinks		Gluten Free	
Large Meat Pie (National)	\$4.00	Chicken Salad	\$5.00	Betta Live Milk 300ml	\$2.50	Salad Wrap	\$5.50
Large Sausage Roll (National)	\$3.00	Ham Salad	\$5.00	(chocolate or strawberry)		(ham or chicken)	
Party Pie (Magnificent 7)	\$1.20	Vegetarian	\$4.00	Plain Milk - 300ml	\$1.00	Chicken Tender Wrap	\$5.50
Chicken Nuggets	\$0.70			Plain Milk - 600ml	\$2.00	Nachos	\$5.50
Wedges - Plain (no sauce)	\$4.00	Sandwiches		Milkshakes - 600ml	\$3.00	(s/chilli, s/cream, cheese)	
Wedges - The Lot	\$5.00	Chicken Salad	\$5.00	(chocolate, strawberry, lime, caramel, banana)		Pizza - Ham & Cheese	\$3.50
(either lite sour cream, sweet chilli, tomato or bbq)		Ham Salad	\$5.00	Water	\$2.00	Add: Pineapple	\$0.50
Wedges with Gravy	\$5.00	Vegetarian	\$4.00	Nippy Low Fat Drink 375ml	\$3.00	Savoury Toast	\$2.50
Chicken Burger - Plain	\$4.00	Tuna Salad	\$5.00	(Iced Honeycomb, Iced Mocha)			
(lettuce, cheese, mayo)		Ham & Cheese	\$3.00				
Chicken Burger - The Lot	\$5.00	Cheese & Tomato	\$3.00	Pop Tops 250ml	\$2.50		
(lettuce, cheese, mayo,		Vegemite & Cheese	\$3.00	(apple, orange, blackcurrant)			
tomato, beetroot, pineapple)		Cheese	\$2.50				
Pizza - Ham & Cheese	\$3.00						
Pizza - H/C/Pineapple	\$3.50	Salad Packs		Snacks		Snacks (continued)	
Savoury Toast	\$2.00	Chicken Ceasar	\$6.50	Fruit of the day - GF	\$1.00	Fruit Muff (homemade)	\$2.50
Chicken Tender Wrap	\$5.00	Garden	\$4.00	Fruit Bun (buttered)	\$1.00	Choc Chip Muffin (homema	\$1.00
(lettuce, cheese & mayo)		Garden with Cheese	\$4.50	Popcorn-GF	\$1.00	COUNTER SALES ONLY	
Nacho's (s/chilli,s/cream&cheese)	\$5.50	Chicken	\$5.00	Two Fruit Tub-GF	\$1.50	Red Twist Straps	\$1.00
		Ham	\$5.00	Biscuit (homemade)	\$1.00	Yoghurt Frogs-GF	\$1.00
		Tuna	\$5.00	Anzac Slice (homemade)	\$1.00		
Toasties				Quelchy lcyple-GF	\$0.50	Blue Yoghurt Straps	\$1.00
Cheese	\$3.00						
Ham & Cheese	\$3.50						
Chicken, Cheese & Mayo	\$4.00						
Ham, Cheese & Tomato	\$4.00						
Chicken, Cheese & Tomato	\$4.00						
Ham , Cheese & Pineapple	\$4.00						

*all Salad Wraps/Sandwiches & Packs include lettuce, cheese, tomato, beetroot,

*carrot and egg (pineapple on request - \$0.50)

*dressings available: Mayo, Balsamic, French & Ceasar

*sauces available: Tomato, BBQ or Sweet Chilli

*all toppings are Gluten Free as well as the Chicken & Ham used in Canteen

* tub of gravy \$1.00

Please ensure the lunch order bags have your childs Name, Class, Order and Total

*please print with choice of sauce otherwise no sauce is given

*Recess counter sales for Secondary Campus only (snacks and drinks - Toasties/Pizza/Savoury Toast Only)

***All orders to be in by the end of Recess or order can not be filled...sorry**

